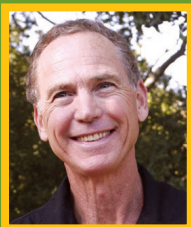




THE GREEN REVOLUTION

**FREE
EVENT!**

Healing Ourselves, Healing the Planet



JOHN ROBBINS
Author of *Diet for a New America*, John Robbins is a leading expert on the dietary link between environment and health, and is the founder of EarthSave International.



HOWARD LYMAN
A former cattle rancher-turned-vegetarian and author of *Mad Cowboy*, Howard Lyman is a crusader for organic farming, food safety, and conscious eating.



CHERIE SORIA
Director of Living Light Culinary Arts Institute, Cherie is the author of three books including *The Raw Food Revolution Diet: Feast, Lose Weight, Gain Energy, Feel Younger*.



WILL TUTTLE
An acclaimed pianist, composer, educator, and author of *The World Peace Diet*, Will Tuttle is devoted to cultural healing and awakening.

Saturday, August 22

7:00–10:00 PM

Cotton Auditorium, Fort Bragg

500 North Harold Street, corner of Harold and Fir

FREE to the Public!

Living Light International and the Institute for Vibrant Living are proud to present “The Green Revolution: Healing Ourselves, Healing the Planet.” Join keynote speaker John Robbins, founder of EarthSave International and author of *Diet for a New America*, *The Food Revolution*, and *Healthy at 100*, along with the man who dared to tell the truth about the cattle industry, animal rights activist Howard Lyman, aka “The Mad Cowboy”, and an address by Living Light director and author of the *Raw Food Revolution Diet*, Cherie Soria. Enjoy an enlightening evening with these three inspirational speakers and a concert by internationally known pianist Will Tuttle, author of *The World Peace Diet*.

Delicious vegan snacks and beverages available for purchase at the event!

This event, held at the Cotton Auditorium on Friday, August 21st, from 7 to 10 pm, is presented free to the public in conjunction with the **Vibrant Living Expo and Culinary Showcase™**, August 21-23 (\$165 for all three days or \$75 per day if you register before July 1). For information about either event, or to register for the Expo, contact Living Light at 707-964-2420, or visit RawFoodChef.com.



Living Light
Making Healthy Living Delicious!™