

Item Code	Product List	Price
Knives & Accessories		
309033	10" Forschner Bladesafe - Plastic protective cover fits 8-10" blade	4.99
309036	8" Forschner Bladesafe - Plastic protective cover fits 6-8" blade	3.99
309035	6" Forschner Bladesafe - Plastic protective cover fits 4-6" blade	2.99
309034	4" Forschner Bladesafe - Plastic protective cover fits 3-4" blade	1.99
309016	Soft Knife Roll - Holds Knives or Tools - 8 pocket	26.00
309211	Soft Knife Roll - Holds Knives or Tools - 12 pocket	38.50
309001	Stainless Steel Cleaver	9.95
309002	Fruit Knife w/ Wooden Scabbard	10.50
309039	KnifeSHIELD - Safety Glove XSMALL	24.95
309038	KnifeSHIELD - Safety Glove SMALL	24.95
309037	KnifeSHIELD - Safety Glove MEDIUM	24.95
309006	J.A. Henckels - 4Star 3" Paring Knife - Reg. \$43	38.00
309007	J.A. Henckels - 4Star 5" Serrated Knife - Reg. \$57	48.00
309008	J.A. Henckels - 4Star 6" Chef's Knife - Reg. \$85	79.00
309005	J.A. Henckels - Pro S 6" Chef's Knife - Reg. \$90	82.50
309011	J.A. Henckels - Chinese Cleaver	80.00
309009	J.A. Henckels - 4Star 8" Chef's Knife - Reg. \$107	95.00
309012	J.A. Henckels - 10" Diamond Steel	46.00
309010	J.A. Henckels - 8" Kitchen Shears	35.00
309004	7 pc J.A. Henckels 4 Star Block Set - Reg. \$375 Set includes Block, Steel, Scissors, 8" Chefs, 6" Utility, 5" Serrated, and 3" Paring	272.50
309018	Kyocera Ceramic 5.5" Santuko pakka wood handle	123.95
309019	Kyocera 5.5" Santuko Chef's Knife	82.00
309023	Kyocera Paring Knife	32.95
309045	Forschner Paring Knife - w/ Black Nylon Handle	5.50
309050	Mac Chef's Dimpled Knife 10" TH-100	103.00
309025	Mac Santuko Mighty Dimpled 6.5" MSK-65	103.00
309028	Mac Chef Mighty Dimpled 8" MTH-80	124.00
309030	Mac Mighty French Chef's 8/5" MBK-85	134.00
309032	Mac Paring Knife Superior 5" SP-50	32.50
309029	Mac Pro Paring Knife 3" PKS-30	46.50
309026	Mac Rollsharp Ceramic Sharpener	15.95
309027	Mac Santoku 6.5" SK-65	62.00
309017	Magnetic Knife Bar 12"	12.95
Appliances		
302001	Champion Juicer	220.00
302010	Excalibur 5 tray Dehydrator	195.95
302011	Excalibur 9 tray Dehydrator	229.95
302023	Green Star Juicer GS-2000	429.00
302230	Healthy Juicer - Manual Juicer	49.95
302233	Blendtec Computerized High Speed Blender - Color: Black, White	430.00
302080	TriBest Personal Blender 300 with Extra Jars	99.00
302228	Vita-Mix Professional High Speed Blender - Color: Onyx, Platinum, Ruby	499.00
302044	Electric Seed Mill	29.95
302045	Salter Electronic Kitchen Scale	40.00
302069	Cuisinart DLC2014N - 11 Cup Food Processor	299.00
302068	Cuisinart DLC2A - Mini Food Processor	42.95
Raw Kitchen Necessities		
301004	1 Cup Wonder Cup	4.50
301005	2 Cup Wonder Cup	5.50
301036	Adjust-a-Scoop - Adjustable 1/2 Cup Scoop.	5.50
301037	Adjust-a-Teaspoon or Tablespoon	1.95
301018	Bean Slicer & Stringer	4.00
303029	Cookbook Holder	10.00
301007	Bottle Brush	3.50
301008	Cheese Cloth - Unbleached	2.89
301033	Chop-Chop Mat Set of 2 Flexible Cutting Boards	4.79
301063	Cookie Cutter - Assorted Set	8.75
301010	Cookie Cutter - Heart Shape, 3 in a tin	3.95

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Item Code	Product List	Price
Raw Kitchen Necessities Continued		
301003	Decorating/Icing Squeeze Bottle - 8 oz (can be used with standard tip)	1.40
301002	Decorating/Icing Squeeze Bottle - 4 oz (2 pc set can be used with standard tip)	2.95
301020	Decorating/Icing Set - 8 Pc w/bag and fine metal tips	6.50
301021	Decorating/Icing Set - 10 Pc w/Quick Change Large Plastic Tips	6.00
301042	Decorating, Cloth pastry bag, 14"	3.00
311004	Fido Jar 2 Liter	7.95
301011	Garlic Press, Jumbo Deluxe Stainless Steel	11.95
301120	Garlic Machine	11.00
309086	Garnishing Kit, Forschner 6 piece professional w/case	77.40
301022	Garnishing Kit, 5 piece starter set	6.00
301016	Evert Fresh Green Bags, L 21"x9"x6.5", 10 each	8.75
301017	Evert Fresh Green Bags, M 17"x7"x4.75", 10 each	5.25
301049	Evert Fresh Green Bags, S 15.1"x5.9"x3.9"	3.95
301006	Extra Life Disc	5.90
301038	Kyocera Ceramic Peeler	14.95
301039	Kyocera Ceramic Wide Peeler	19.95
309021	Kyocera Ceramic Julieanne Slicer w/hand guard - Black	25.00
309022	Kyocera Ceramic Double-edged Mandoline Slicer - Black	25.00
309020	Kyocera Ceramic Fine Mill (non-adjustable) White	18.00
301043	Mini Measuring Spoons	2.75
301201	Measuring Spoons - Heavy Stainless Steel	9.90
301025	Melon Baller	1.50
301040	Microplane-zester/grater	12.95
301509	Bash N Chop Board Scraper	5.00
301202	Stainless Steel Screen for Sprouting - Fits on wide mouth canning jar	2.50
309216	Kitchen Shears	20.00
301127	Switchit Double Ended Spatula	11.00
302014	Spiral Slicer - for Angel Hair Pasta and Ribbons (Saladaco)	24.95
309091	Super Slicer Pizza Knife	13.75
301014	Spatula - great for spreading flax crackers!	5.95
301015	Spin N Store bag - Traveling Salad Spinner	4.99
301041	Nut Milk, Juice Bag - Mesh bag for making almond milk	8.50
301206	Over the Sink Strainer - Ajustable	17.50
311149	Glass Straw - great for drinking coconut milk! Small	3.55
311001	Glass Straw - great for drinking juice! Medium	4.50
311150	Glass Straw - great for drinking smoothies! Large	5.50
301001	Sushi Mat	1.80
302012	Teflex sheet 14" - for Excalibur Tray	10.00
301012	Digital Timer	9.00
301028	Tomato Core-It	1.25
301410	Bamboo Tongs	1.50
301031	Cambro Tray 14x18 Brown	4.85
302403	V-Slicer Mandoline - by Boerner	35.00
Tart & Pie Pans		
313009	Quiche Pan 8"	2.50
313011	Quiche Pan 9 1/4" - w/ Removable Bottom Tinplate	2.95
313010	Quiche Pan Deep Dish 8 3/4"	8.95
303003	Heart Shaped Large Tart Pan	7.75
313012	Rectangle Tart pan w. Removable Bottom -11x7	9.00
313002	Non-Stick Springform 4"	4.95
313117	Classic 10" Round Glass Bottom Springform	28.00
313004	Heart Springform	12.95
313005	Springform Pan 8"	6.00
313001	Springform Pan 7"	5.50
313015	Square Springform Pan Noblesse 9"	23.00
313016	Rectangular Springform LaForme 13x9	50.00
313006	Mini Loose Bottom Round Tart Tin	1.50
313007	Mini Loose Bottom Heart Tart Tin	3.50
313008	Mini Loose Bottom Tart Tin	3.95

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Fine Spices and Consumables		
306351	Agave Amber 16oz	14.95
306084	Agave Dark 16oz	12.95
306086	Cacao Organic Peeled Cacao Nibs 8 oz	9.99
306030	Coconut Flakes - Raw Organic Unsweetened 1/2lb	6.95
306020	Primal Essence Sweet Chai	14.00
306315	Primal Essence Royal Chai	14.50
306026	Primal Essence Peppermint	14.00
306025	Primal Essence Lemon Grass	14.00
306024	Primal Essence Ginger	16.00
306022	Primal Essence Cinnamon	16.00
306074	Rapadura - Dehydrated Cane Juice 1.5lb	5.73
306031	Celtic Sea Salt Coarse	7.25
306032	Celtic Sea Salt Fine	14.50
306001	Himalayan Crystal Salt 1 Kilo Specify Coarse(306011), Fine(306002), or Stone(306003) on order form	29.50
306366	Tahini - Organic Black Sesame	9.00
Supplements		
310034	E3 Enzymes Supreme 90ct/430 mg Capsules	24.95
306005	Ejuva Moflora Probiotic Powder 25gm Jar	40.00
Books, Magazines, Charts		
303810	12 Steps to Raw - by Victoria Boutenko	16.95
303038	Addiction Free Naturally - by Brigitte Mars	14.95
303040	Raw Food Primer - by Suzanne Alex Ferrara	19.95
303007	Angel Foods:Healthy Recipes for Heavenly Bodies -by Cherie Soria	19.95
303041	Back to Eden - by Jethro Kloss	9.95
303083	Food Combining Wallet Card	1.99
303556	Food Combining Chart	6.00
303031	Nutrition Chart-Long	12.00
303042	The Colon Health Handbook - by Robert Gray	7.95
303032	Complete Book of Raw - Various	17.95
303043	Conscious Eating - by Gabriel Cousins	35.00
303046	Diet for a New America - by John Robbins	15.95
303030	Green Dragon Alive - by Cassandra Durham	18.00
303096	Eating without Heating - by Sergei and Valya Boutenko	11.95
303047	Eating for Beauty - by David Wolfe	24.95
303048	Eating with Conscience - by Michael Fox	14.95
303091	Elaina's Pure Joy Kitchen - by Elaina Love	35.00
303085	Empty Harvest - by Jensen and Anderson	13.95
303050	Heinerman's New Encyclopedia of Fruits and Vegetables	17.95
303051	Enzyme Nutrition - by Dr. Edward Howell	11.95
303052	Fats that Heal, Fats that Kill - by Udo Erasmus	22.95
303005	Food Lovers Companion - by Sharon Tyler Herbst	14.95
303053	Food Allergy Survival Guide - by Melina, Stephaniak, and Aronson	19.95
303102	Foodworks - by Ruth Artmonsky and Naomi Beth Wakan	9.95
303103	Fresh Produce Guide - by Henry Richter M.D.	14.95
303089	The Book of Garnishes - by June Budgen	12.00
303055	Raw Gourmet - by Nomi Shannon	24.95
303056	The Healing Miracles of Coconut Oil - by Bruce Fife, ND	14.95
303057	Hippocrates Diet and Health Program - by Ann Wigmore	10.95
303006	Hooked on Raw - by Rhio	29.95
303058	How to Grow More Vegetables - by John Jeavons	19.95
303060	Juice Fasting and Detoxification - by Steve Meyerowitz	10.95
303061	Raw Kids - by Cheryl Stoycoff	13.95
303063	Living Cuisine - by Renee Underkoffler	21.95
303064	Living Foods For Optimum Health - by Clement and DiGeronimo	16.95
303065	Living on Live Foods - by Alissa Cohen	29.99

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Item Code	Product List	Price
Books, Magazines, Pamphlets, Charts cont.		
303066	On Nutrition and Physical Performance - by Dr. Doug Graham	15.00
303067	Our Stolen Future - by Colborn, Dumanoski, Myers	15.00
303068	Primal Mothering in a Modern World - by Hygeia Halfmoon, Ph.D	14.95
303101	Comiendo Pura Vida - by Rodrigo Crespo and Cherie Soria	15.95
303069	Rainbow Green Live Food Cuisine - by Gabriel Cousins	30.00
303070	RAW - by Charlie Trotter and Roxanne Klein	35.00
303097	Raw Family - by the Boutenko Family	11.95
303071	Rawsome! - by Brigitte Mars	18.95
303072	Reining Cats and Dogs - by Pat McKay	14.95
303090	The Soul of a Chef: The Journey Towards Perfection - by Michael Ruhlman	15.95
303073	The Sprouting Book - by Ann Wigmore	9.95
303074	The Sproutman's Kitchen Garden Cookbook - by Steve Meyerowitz	14.95
303075	Sprouts: The Miracle Food - by Steve Meyerowitz	12.95
303076	Sugar Blues - by William Duffy	6.99
303099	Raw Truth - by Jeremy A. Saffron and Renee Underkoffler	18.95
303036	Recipes into Type - by Joan Whitman and Dolores Simon	26.00
303001	Water & Salt - by Dr. Med Barbara Hendel and Peter Ferreira	29.80
303079	The Wheatgrass Book - by Ann Wigmore	9.95
303080	Wheatgrass: Nature's Finest Medicine - by Steve Meyerowitz	14.95
303081	Whole Foods Companion - by Diane Onstad	35.00
303008	Vital Creations - by Chad Sarno	19.95
303082	You Can Heal Your Life - by Louise Hay	17.95
Water Purifiers		
302016	Multi-Pure Replacement Filter for Plastic Models	39.95
302017	Multi-Pure Replacement Filter for Stainless Models	49.95
302018	Multi-Pure Replacement Filter for Showerhead	17.50
302019	Multi-Pure Showerhead Filter Attachment	39.95
302020	Multi-Pure Countertop Water Filter - Plastic	199.95
302021	Multi-Pure Below Sink Filter - Stainless Steel	379.95
302022	Multi-Pure Countertop Water Filter - Stainless Steel	359.95
Wooden Ware & Table Top		
307001	Fork and Spoon Set - Bamboo	1.99
307017	Cutting Board - Bamboo Small	32.95
307018	Cutting Board - Bamboo Large	90.00
307022	Chopsticks - Bamboo	1.59
307010	Bowl - Acacia 10" Diameter	28.00
307011	Bowl for Dipping - Acacia 4" Diameter x 1.5"	3.50
307012	Plate - Acacia 10" Diameter	13.00
307015	Plate - Acacia, Square	13.00
307005	Fork and Spoon Set - Rosewood	9.45
307006	Fork and Spoon Set - Palmwood	8.95
307039	Mini Spoon - Rosewood	3.40
307037	Mini Fork - Rosewood	3.40
307032	Mini Knife - Rosewood	3.90
Videos & Music		
303002	Angel Foods Video - by Cherie Soria	12.00
303003	Forget Cooking Video - by Cherie Soria	12.00
303004	Kitchen Gardening; Sprout a New Leaf on Life! - by Cherie Soria	12.00
303026	Living Light: Raw Community Performance CD - Original Music - by Living Light Graduates	12.00
303009	TranceFormations Hypnosis and Meditation Tapes - by Cherie Soria	10.00
	<small>Specify Confidence, Fitness, Goals, Past Life, Quit Smoking, Relationships, Voyage, or Weight Loss on order form</small>	
303198	Greens Can Save Your Life DVD by Victoria Boutenko	19.95
303460	Raw Food Made Easy DVD by Jennifer Cornbleet	19.95
303092	Living Holiday Feast Video with Elaina Love	21.95
303094	Introduction to Living Foods (dvd) - by Elaina Love	21.95
303790	The Secret DVD	29.95
303361	The Future of Food DVD	25.00
303088	Mad Cowboy Documentary (dvd) - with Howard Lyman	20.00

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